



In a time of uncertainty and doubt, the Ministries Foundation encourages you to take 5-10 minutes today to pray, meditate or connect to your spirit. This weekly email will include either a simple prayer, reflection, poem or piece related to spirituality and contemplation.

March is Women's History Month, but you may not know how it originated. [Read about the month's origination](#) and meet a few new leaders, artists, and changemakers. Or [read some biographies of inspiring women](#), including those who have changed the world and are actively working to do so.

Here's to an inspiring weekend, be well.

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In the wilderness and  
on the mountains,  
in the sea and in the  
depths of the earth;  
there, O God, we find you.

In the faces of those  
that society lifts up,  
and in the faces of those that  
the same society despises;  
there, O God, we find you.

In the midst of suffering  
and in the midst  
of reconciliation;  
there, O God, we find you.

We come seeking  
you today, O God,  
together as your people.

We bring all of the  
places we come from,  
gathering up our differences  
to bring here to worship you.

**Amen.**

*[from the General Commission on the Status and Role of Women](#)*

## Join Us in Lenten Justice



Week three of Lenten Ecology, Prayer, and Practice focuses on composting and diminishing food waste. There are some great resources included to learn more about composting in your area and how to start if you haven't tried composting already.

Read the [Week Three reflection and action](#) and don't forget to [email Karina Sieber](#), St. Joseph Worker, if you want to receive each week's program via email.