



In a time of uncertainty and doubt, the Ministries Foundation encourages you to take 5-10 minutes today to pray, meditate or connect to your spirit. This weekly email will include either a simple prayer, reflection, poem or piece related to spirituality and contemplation.

No matter your political leanings, we hope that the below text taken from 'The Hill We Climb' poem, read by [Amanda Gorman](#) during the inauguration, will inspire you and bring you hope for the future. The Sisters of St. Joseph have long dedicated themselves to justice, community, and equality; all to be found in ['The Hill We Climb'](#).

Have a great weekend.

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### The Hill We Climb

... And so we lift our gazes not to what stands between us  
but what stands before us  
We close the divide because we know, to put our future first,  
we must first put our differences aside  
We lay down our arms  
so we can reach out our arms  
to one another

We seek harm to none and harmony for all  
Let the globe, if nothing else, say this is true:

That even as we grieved, we grew  
That even as we hurt, we hoped  
That even as we tired, we tried  
That we'll forever be tied together, victorious

Not because we will never again know defeat  
but because we will never again sow division  
Scripture tells us to envision  
that everyone shall sit under their own vine and fig tree  
And no one shall make them afraid

If we're to live up to our own time  
Then victory won't lie in the blade  
But in all the bridges we've made...

[Amanda Gorman](#), U.S Youth Poet Laureate  
[read the full poem](#)

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## Join Us in Justice

As of January 2021 the Sisters of St. Joseph Justice Commission has proposed a six-week Lenten program to encourage the reduction of waste in our communities, unveiled new online programs with the Join Religious Legislative Coalition to happen in the spring, among many others.



Read the Justice Commission's full report and consider getting involved with justice work in your community.