



In a time of uncertainty and doubt, the Ministries Foundation encourages you to take 5-10 minutes today to pray, meditate or connect to your spirit. This weekly email will include either a simple prayer, reflection, poem or piece related to spirituality and contemplation.

Yesterday was Give to the Max Day and the Ministries Foundation is extremely thankful for the support it received, and continues to receive every day. Thank you for being a part of this movement and for inspiring us to continue in this essential work. We could not do this without you.

May you have a safe, healthy, and blessed weekend.

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### For Resilience

Lord, your Word promises  
that you “will refresh the  
weary and satisfy the faint.”

Your Truth nourishes  
the root of our hearts,  
helping us bloom in the desert.

Your love revitalizes us  
when circumstances threaten  
to dehydrate our faith.

When we are surrounded  
by the dryness of  
uncertainties, fears, or change,  
saturate us with Your presence,  
pour Your peace into  
every fiber of our being  
until we radiate with resilience.

No matter where  
you have us planted,  
help us bloom  
for Your glory.

We love you.  
We need you.  
We praise you.

In Jesus’s name,  
*Amen.*

From [jesuitresource.org](http://jesuitresource.org)

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## Join Us in Justice

The Justice Commission has stayed busy these past few months and have approved the following goals for the year ahead

- We commit to actions and advocacy efforts for systemic change.
- Acknowledging the interconnectivity of our working and task groups, we commit to collaboration.
- We commit to being accountable to the CSJ community by sharing, educating and intentionally communicating our work for justice.
- We commit to engaging the broader CSJ community in actions for justice and advocacy with the Justice Commission.



Are you looking for a way to connect to essential justice during this time? Check out the rest of the [Justice Commission Updates](#) and consider joining a group committed to positive change.

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On this 76th day of the [100 Days of Prayer](#), a prayer for those experiencing homelessness and understanding:

"Today I pray that You reveal ways in which I may care for those experiencing homelessness. Help me take the next step and act on what I learn."

**100** **DAYS OF PRAYER**